



<b>PIZZA</b> Monday	<b>GRAB &amp; GO</b> Tuesday	<b>DINNER STYLE</b> Wednesday	Thursday	<b>BURGER BAR</b> Friday
2 <b>Homemade Pizza Varieties</b> Pepperoni, Cheese(V), Chicken Pesto, Veggie(V) Hawaiian	3 <b>Popcorn Chicken nuggets</b> w/WG Sun Chips	4 <b>Teriyaki Beef Stir Fry over Noodles (V)</b>	5 <b>Pulled Pork Sandwich</b> w/ Coleslaw	6 <b>Burger Bar w/ Fries</b> Hamburger, Cheeseburger, Beef Hot Dog, Chicken Sandwich, or Veggie Burger ( V )
9 <b>NO SCHOOL</b>  <b>Professional Development Day</b>	10 <b>Pizza Varieties:</b> Cheese/Pep Bosco Sticks, French Bread Pizza, or Rippers(V) Dip in Ranch or Marinara	11 <b>Beef or Chicken Crunchy Tacos</b> Salsa, Sour Cream <b>Taco Salad Bar</b>	12 <b>Turkey Corndog or Chicken Nuggets</b> w/WG Sun Chips	13 <b>Burger Bar w/ Fries</b> Hamburger, Cheeseburger, Beef Hot Dog, Chicken Sandwich, or Veggie Burger ( V )
16 <b>Homemade Pizza Varieties</b> Pepperoni, Cheese(V), Chicken Pesto, Veggie(V) Hawaiian	17 <b>Hot &amp; Spicy or Mild Chicken Strips</b> w/ WG Chips	18 <b>Chicken or Regular (V) Alfredo and Broccoli</b> w/garlic breadstick	19 <b>Mini Chicken Sliders or Burger</b> w/Veggie Dippers	20 <b>Burger Bar w/ Fries</b> Hamburger, Cheeseburger, Beef Hot Dog, Chicken Sandwich, or Veggie Burger ( V )
23 <b>Homemade Pizza Varieties</b> Pepperoni, Cheese(V), Chicken Pesto, Veggie(V) Hawaiian	24 <b>Hot or BBQ Chicken Wings</b>	25 <b>Salisbury Steak with Mashed Potatoes</b>  <b>Spinach Salad Bar</b>	26 <b>Meatball Sandwich w/ Cheese and Marinara</b>	27 <b>Burger Bar w/ Fries</b> Hamburger, Cheeseburger, Beef Hot Dog, Chicken Sandwich, or Veggie Burger ( V )
30 <b>Homemade Pizza Varieties</b> Pepperoni, Cheese(V), Chicken Pesto, Veggie(V) Hawaiian	31 <b>Roasted Chicken</b> w/Green Beans			<b>V: Vegetarian Option</b> <b>VG: Vegan Options Available</b> (V) option's avail. daily but not as featured menu item)

## SALAD BAR

Monday-Thursday

With seasonal produce and specialty themed salad bar days

V: Vegetarian Option : VG: Vegan Option

### Meals Include 5 Menu Items:

Protein (Meat/Meat Alternative)  
Grain  
Vegetable  
Fruit/Fruit Juice  
Milk

★ ★  
2 Item Entrees



Healthy Foods

This institute is an equal opportunity provider

### To Complete Your Meal:

Choose 3 items minimum

One menu item must include fruit/fruit juice or veggie. ★

Or Choose all 5 items ★

### MORE FUN OPTIONS! YOU CHOOSE!

**Hot Entrees:** Spicy Chicken, 2 Bosco Sticks (V), French Bread Pizza (V), or Bean & Cheese Burrito(V)  
**Cold Entrees:** Deli Sandwiches or wraps (V), PB&J Uncrustables (V), Large Garden Salad (V/ VG)

#### → Create Your Own 3 Star Meal!

Milk + Side Salad + Watermelon  
Pita Bread & Hummus (V/ VG) + 2 Yogurts  
Yodurt + Fruit + Vegetable

## Lunch Meal Prices

Student Lunch..... \$3.50  
Reduced Student Lunch..... 40¢  
Free Student Lunch..... no charge  
Adult Lunch..... \$4.00 plus tax

This menu is subject to change

Water dispenser available in the cafeteria & at snack bar